



*HRA Links
Local impact to the
world at large*

*Fall 2018 Newsletter
October-November-December*

OCTOBER: Domestic Violence & Elder Abuse Awareness

HRA shines a spotlight on both *domestic violence & elder abuse* this month - 2 types of abuse that share similar patterns of cruelty - physical, sexual, psychological, emotional and economic or financial exploitation. This behavior occurs in relationships where there is an expectation of trust - between intimate partners and family members.

75% of our [Polish Advocacy Program](#) clients were victims of either domestic violence or elder abuse last year. HRA's advocacy team provides them with emergency protection services to keep them safe and case management services for support.



We are also pleased to announce that an award from the North Central Area Agency on Aging (NCAAA) will help us launch a *new initiative* to provide support services for victims of elder abuse. [Learn More](#)

*[Volunteer Income Tax Assistance \(VITA\)](#) continues volunteer recruitment for tax year 2019.

NOVEMBER FEATURES-

November - the month we give thanks for the food we eat and to those who serve our country. Its also the month we lose light and heat when we change our clocks.

Join us on *Tuesday, November 6, 2018 from 8:30am-9:30am* at HRA's [New Britain Food & Resource Center](#) to help us fill the pantry for the upcoming holidays. Become a champion of our healthy food promotion - your cash donation will help us stock the pantry with costlier, nutritious choices - or bring a bag of healthy food from the wish list on our [website](#).



More news: The pantry is now open on Wednesdays and Fridays from 1:00pm - 5:00pm. HRA and all of the residents who depend on the pantry give thanks to the funders and donors - and volunteers - who have helped us do this. We appreciate your support and generosity.

We will distribute Thanksgiving turkeys to those in need and will continue to give no cost healthy food packages to the elderly.

*Our [Energy Assistance Program](#) is in full swing helping to keep low-income households warm and safe throughout the winter. Serving the greater New Britain and Bristol area. [Learn More.](#)

DECEMBER 1: WORLD AIDS DAY

Every day, about 5,600 people contract HIV - that's more than 230 every hour. HIV programs worldwide have prevented 7.8 million deaths - HRA is proud to be a partner in the fight against HIV and AIDS.

HRA's [Division of Health & Wellness](#) is planning an event to promote the World Health Organization's theme "Health for All".

[Learn More](#)



Our mission is to improve the quality of life by helping people achieve economic and social potential; responding to the causes and conditions of poverty; and building stronger individuals, families and communities in the greater New Britain area.

[2017-2018 Annual Report](#)

Visit us at
www.hranbct.org

STAY CONNECTED

