

Our Programs are
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Healthy Relationships



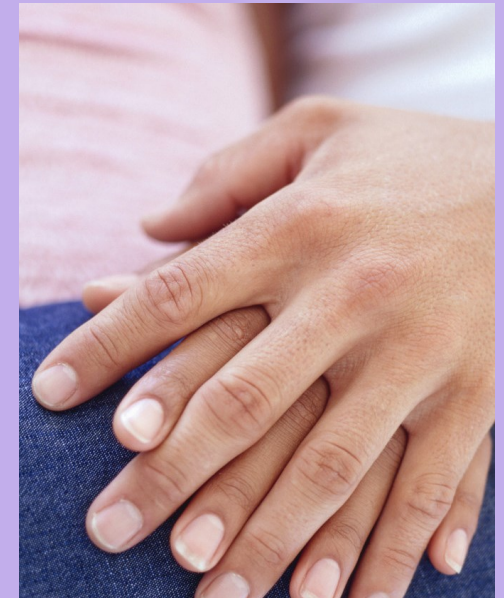
Together we can reduce the spread of HIV/AIDS in our community

“Ignorance is more contagious than a disease.”

Nelly Marcin
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Division of Health & Wellness
Frederick E. Smith, M.S., CPP-R,
ICPS, NCCS
Director

MCR #9023



A PROGRAM OF HRA OF NEW BRITAIN, INC.

Prevention CENTER

57 ARCH STREET
NEW BRITAIN, CT 06051

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OUR PROGRAM



Healthy Relationships is a small-group, skills-based behavioral intervention for men and women living with HIV. The intervention focuses on skills building, self-efficacy, and positive expectations about new behaviors. Through group discussions, role plays, videos and skill-building exercises, the intervention helps persons living with HIV develop skills to cope with HIV-related stressors and risky sexual situations. Intervention sessions also enhance decision-making skills for self-disclosing HIV-serostatus to sex partners, and help participants develop and maintain safer sex practices. Participants receive personalized feedback about their own risk practices, and with the help of the intervention group, develop strategies to maintain satisfying relationships while protecting both themselves and their partners. Intervention sessions are conducted separately for men and women in groups of 6–10 participants.

For more information contact

***Nelly Marcin at (860) 826-4482, Ext: 2
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OUR MISSION

HRA of New Britain, Inc., HIV Prevention Programs provide culturally appropriate risk reduction education to assist individuals in lowering their risks for HIV/AIDS, Hepatitis C (HCV), and Sexually Transmitted Diseases (STDs) to maintain, and improve their health. The program operates in the City of New Britain and surrounding areas.

The HIV Prevention Programs are part of the Health and Wellness Division and collaborates with many local service providers.

LIST OF SERVICES

- HIV and STD Educational Presentations
- Community Outreach
- Free Educational Materials on a variety of topics
- Free Condoms
- Free Bleach Kits
- Free confidential HIV Counseling & Testing
- Referrals for STD Testing
- Referrals and support for people living with HIV
- Referrals to inpatient and outpatient Substance Abuse Treatment Programs
- Clinical Support for injection and non-injection substance abusers