

**Our Services are Free
and Confidential**

We are funded through a variety of sources including local, state, and federal grants and private donations.

We seek support from individuals, businesses and foundations in the community. These funds are used to promote wellness in the individuals who access the services offered. All services are offered by qualified individuals with licenses, certificates or certifications in their respective areas of expertise.



**HRA Health and Wellness
Division**

Frederick Smith
Division Director

Joseph Outlaw
Wellness Center Operations

DeLita Rose-Daniels
Lead Medical Case Manager

Ricardo Cruz
Supportive Housing Case Manager

**HRA Wellness Resource
Center**

**Hours of Operation:
Monday, Tuesday &
Thursday
8:00 am—4:00 pm**

**Wednesday
8:30 am—6:00 pm**

**Wellness Resource Center
formerly "Someplace Special"**

Est. 1995



**A Program of HRA of
New Britain, Inc.,
Health and Wellness
Division**

*"Promoting Health and Wellness in the
Community through a variety of Free
Confidential Client Centered Services"*

83 Whiting Street
New Britain, CT.
06051

A Little Bit of History

“Someplace Special”

opened its doors in 1995 in response to the AIDS Crisis. One of the main goals of the center was to help individuals and families that experienced the isolation of living with HIV/AIDS. The stigma that HIV positive individuals and their families faced was prevalent at that time and still exists today. There have been many advancements in medicine and new treatments have evolved. With improved treatments and education people are living longer, healthier lives. Since its inception the program has grown and evolved. The program was renamed in 2005 to better encompass its function and is now known as the

“Wellness Resource Center”



Programs and Services

- Medical Case Management
- Supportive Housing Program
- Substance Abuse Counseling
- Mental Health Counseling
- Medication Adherence Support
- Food Pantry
- Nutritious Meals
- Nutritional Counseling
- Educational classes & workshops
- Support Groups
- Social Gatherings

Our Objectives

At the Wellness Resource Center we strive to enhance the overall emotional and physical health and quality of life for the greater New Britain area residents who are affected/infected with HIV/AIDS by:

- reducing the crippling isolation experienced by many people living with or affected by HIV/AIDS.
- providing opportunities for these individuals to engage in productive activities such as social and educational programs.
- providing information to the community about HIV/AIDS resources in the area.
- empowering individuals to live life to the fullest in healthy ways.

Stop in...

The Wellness Resource Center is comfortable and comforting while providing a variety of programs and services all free of charge to help our members as they take charge of their lives...take care of themselves...and find the knowledge, strength, and skills to face challenges of living with HIV/AIDS.

___ Please contact me about membership

___ I want to volunteer

___ Here is my tax deductible contribution in the amount of \$_____

***Make checks payable to **“HRA of New Britain, Inc.”**

Be sure to place **“WRC”** in the memo line***

Name: _____

Address: _____

Phone: _____

email: _____

**For More Information,
please contact us at:**

Tel.: 860-826-4741

Fax: 860-826-4744

Or Visit the Web:

www.hranbct.org