



HRA Links
*Local impact to the
world at large*

Summer Newsletter
July-August-September 2019

JULY: NEW JOBS FOR SUMMER YOUTH

We're excited to announce new opportunities for our teens to gain work experience this summer. 5 summer youth will be Research Advocates for the YWCA's Photovoice Project. Our teens will collect data by photographing and creating a media tool to engage the community in critical concerns about health and safety.

Photovoice is based on the worldwide model that combines photography with grassroots social action to confront local issues of concern. The YWCA's local project seeks to reduce health inequities among teens.

[Learn More](#)



AUGUST: PANTRY BECOMES SWAP PARTNER

Our pantry is now a Foodshare SWAP Partner (Supporting Wellness at Pantries) using the stoplight nutrition ranking system to encourage healthy food choices. The system ranks saturated fat, sodium & sugar - these are the most dangerous for chronic diseases.

GREEN: Choose often, low in sat fat, sodium & sugar

YELLOW: Choose sometimes, can contribute to good health

RED: Choose rarely, high in sat fat, sodium & sugar



Becoming a SWAP Partner is the latest in HRA's ongoing push to promote healthy food choices. More than 1/3 of the food that Foodshare distributes is fresh produce.

[Learn More](#) about how you can support this initiative with your food donations.

*Energy Assistance applications begin in August. [Learn More](#).

SEPTEMBER: NEW CDA FAST-TRACK TRAINING INSTITUTE

HRA is also excited to announce a new, streamlined CDA Fast-Track Institute to train & certify Childhood Development Associates, the state & nationally required credential for teaching in Early Childhood programs.

Current certification options are costly, inconvenient & sometimes lack the built-in supports that students need to successfully complete. With the support of the Community Foundation of Greater New Britain, HRA's new institute will offer a low-cost, convenient location with built-in supports from our management team. [Learn More](#)



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*Volunteer Income Tax Assistance (VITA) starts volunteer recruitment in September for tax year 2019.

[Learn More.](#)

Our mission is to improve the quality of life by helping people achieve economic and social potential; responding to the causes and conditions of poverty; and building stronger individuals, families and communities in the greater New Britain area.

[2017-2018 Annual Report](#)

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