



*HRA Links  
Local impact to the  
world at large*

*Fall 2019 Newsletter  
October-November-December*

## OCTOBER: Domestic Violence & Elder Abuse Awareness

HRA shines a spotlight on both *domestic violence & elder abuse* this month because they share a pattern of abusive behaviors - physical, sexual, psychological, emotional and economic or financial exploitation. This occurs in relationships where there is an expectation of trust - between intimate partners and family members.

83% of our [Polish Advocacy Program](#) clients were victims of either domestic violence or elder abuse last year. HRA's advocacy team provides them with emergency protection services to stay safe.



New funding from the U.S. Department of Justice, Office of Victims of Crime, and from the North Central Area Agency on Aging (NCAAA) will help us implement our *new initiative* to provide support services for victims of elder abuse. [Learn More](#)

\*[Volunteer Income Tax Assistance \(VITA\)](#) continues volunteer recruitment for tax year 2019.

## NOVEMBER FEATURES:

This month we give thanks for the food we eat and to those who serve our country. Its also the month we lose light and heat when we change our clocks.

*The pantry is now open on Wednesdays and Fridays from 1:00pm - 5:00pm. HRA and all of the residents who depend on the pantry give thanks to the funders and donors - and volunteers - who have helped us do this. We appreciate your support and generosity.*

### More Pantry News:

Help us fill [HRA's pantry](#), the New Britain Food & Resource Center, for the upcoming holidays. Become a champion of our healthy food promotion - your donation will help us stock the pantry with costlier but more nutritious choices - or bring a bag of healthy food from the [wish list](#). [Learn More](#).

Annual Thanksgiving Turkey distribution to those in need:  
Monday, November 25, 2019 5:00-8:00pm

Ongoing: [No-cost healthy food packages](#) for eligible low-income New Britain elderly:  
3rd Wednesday of every month. [Learn more](#).

\*Our [Energy Assistance Program](#) is in full swing helping to keep low-income households warm and safe throughout the winter. Serving the greater New Britain and Bristol area. [Learn More](#).



## DECEMBER 1: WORLD AIDS DAY

World AIDS Day is on December 1 every year. It's when people all over the world unite in the fight against HIV, show support for people living with HIV and remember those who have died from an AIDS-related illness.

Join HRA's [Division of Health & Wellness](#) celebration on December 2 with a special screening of the inspirational movie "5B". Learn about the everyday heroes, nurses and caregivers who took extraordinary action to comfort, protect & care for patients in the 1st U.S. AIDS unit, Ward 5B at San Francisco General Hospital.



[Learn More](#)

*Our mission is to improve the quality of life by helping people achieve economic and social potential; responding to the causes and conditions of poverty; and building stronger individuals, families and communities in the greater New Britain area.*

[2018-2019 Annual Report](#)

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[www.hranbct.org](http://www.hranbct.org)**

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